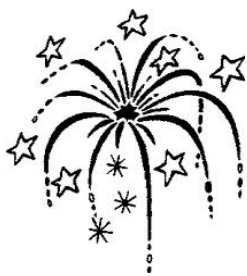


# 18<sup>TH</sup> ANNUAL ST. ANTHONY PIONEER DAYS

## 5K/10K Fun Run & Walk

### SATURDAY, JULY 28, 2012



Registration & Check-In 6:00-6:45 AM

All Races Start Promptly @ 7:00 AM

All Races Start & End at the St. Anthony Stake Center

\*(Please Note: The 10K Race Route has changed-Race Route Information on Back)

Registration forms are available online @ [www.fremontpioneerdays.com](http://www.fremontpioneerdays.com), mail registration form to

Pioneer Days Fun Run

2029 E 700 N

St. Anthony, ID 83445

Or register the day of the race from 6:00-6:45 AM at the St. Anthony Stake Center!

\_\_\_\_\_ cut here to mail in registration \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

M/F: \_\_\_\_\_ Age: \_\_\_\_\_ Age Division: \_\_\_\_\_ (see below)

5K Walk \_\_\_\_\_ 5K Run \_\_\_\_\_ 10K Run \_\_\_\_\_ 10K Walk \_\_\_\_\_

- Registration Fee: \$5 Individual /\$20 immediate family members exceeding 4 members-  
MUST BE IMMEDIATE FAMILY MEMBERS ONLY!
- T-Shirts are Optional! If you would like a T-Shirt, you must register by July 15!  
\_\_\_\_ Long Sleeve T-Shirt: \$15 (Logo down sleeve & across front)  
Size: YS, YM, YL, YXL, AS, AM, AL, AXL, AXXL (Circle Size)  
\_\_\_\_ Short Sleeve T-Shirt: \$10 (Logo on front)  
Size: YS, YM, YL, YXL, AS, AM, AL, AXL, AXXL (Circle Size)
- Please make checks payable to: *Pioneer Days Fun Run*
- Medals, Certificates, & Prizes will be awarded to the top finishers in each age division:  
(1-9/10-15/16-20/21-25/26-30/31-35/36-40/41-45/46-50/50+)
- The winners will be invited to ride in the parade following the race!
- Donuts, Chocolate Milk & Water will be available for all participants at the finish line!
- Sign Waiver on the back & mail in check & registration form!

**\*5K Race Route:** Start at the St. Anthony Stake Center, head east on 4<sup>th</sup> North, turn south on 6<sup>th</sup> East, continue along 6<sup>th</sup> East and take the natural bend in the road which will turn into East Main. Continue down East Main to the stoplight and continue through stop light onto West Main. Continue down West Main past the National Guard Armory and baseball diamonds and once again take the bend heading north on 12<sup>th</sup> West until the stop sign. Turn east on 4<sup>th</sup> North and continue through the stop sign and go past the Stake Center, where you will turn north on 3<sup>rd</sup> East and then turn immediately west into the Stake Center parking lot to the finish line.

**\*10K Race Route:** Start at the St. Anthony Stake Center, head east on 4<sup>th</sup> North, turn south on 6<sup>th</sup> East, continue along 6<sup>th</sup> East and take the natural bend in the road which will turn into East Main. Continue down East Main to the stoplight, turn south at stop light and continue on Bridge Street, turning into the Exxon/Subway parking lot to the Green Belt entrance, where you will run 1 ½ miles down the Green Belt and turn around and run back to the stoplight. You will then turn west on West Main and continue down West Main past the National Guard Armory and baseball diamonds and once again take the bend heading north on 12<sup>th</sup> West to the stop sign. Turn east on 4<sup>th</sup> North and continue through the stop sign and go past the Stake Center, where you will turn north on 3<sup>rd</sup> East and then turn immediately west into the Stake Center parking lot to the finish line.

**Waiver:** I know that running a road race is potentially hazardous activity. I assume all risks associate with running this event. In consideration of acceptance of this entry, I on behalf of heirs, my executors, administrators, and myself hereby waive and release all rights and claims of any nature that I may have against the organizers and sponsors of this activity including pre-race and post-race activities. I agree to indemnify and hold harmless each and every organizer and sponsor from any liability, damage, or expense (including without limitation costs or litigation and attorney's fees) that any organizer or sponsor may suffer or incur in connection with any claims made by me. I am sufficiently trained for this event, and I don't request any sponsor or organizer to attempt to verify or confirm that I am (or my child is) fit to participate in this event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

